Upon completing honorable service in the Army, Ann Wendle received her Bachelor of Science and Master's of Science from Shippensburg University, and her PhD from Old Dominion University. She has a background in Art Therapy, Drug & Alcohol Counseling, and Movement and Music education. She has served as a first responder for mental health crisis situations and has worked with Pre-k through adult populations. Ann has a passion for helping others by meeting clients where they are and creating a comprehensive vision of wellness. She works with several mediums in art and shares creativity with her clients. Her research interests include oppression, cultural competency, technology and sustaining recovery, social service crisis intervention.