Becca is a mental health professional with a Master's degree in Clinical Mental Health Counseling from McDaniel College. Prior to entering the mental health field, Becca earned her Master's in Fine Art from American University in D.C. and a Bachelor's in Fine Art from Western Carolina University. In addition to being a therapist, Becca is a mom, a wife, and an artist. Before finding her way to becoming a therapist, Becca taught art and was a children's librarian in rural Northern Vermont. With her background in the arts and in libraries, Becca brings a love for curiosity and creative exploration.