

SECOND QUARTER IMPACT REPORT

July -
September
2023



Our
Team



Lindsay



David, Becca,
Ann, & Ashley

Impact Report

A MESSAGE FROM OUR FOUNDER

Access 304 has GROWN this quarter! We continue to make new relationships with the community and our impact is reaching further distances. We sincerely thank you for your continued support. -Dr. Shepard

A FEW NEW FACES IN THE SECOND QUARTER!

This quarter, we have added Ann, our Masters of Art Therapy intern, to our team from West Liberty University. She has 25 years of experience working in academia, so she comes to us with a wealth of knowledge. She began seeing clients in September and has been a wonderful addition to our team.

We also hired a Director of Community Relationships and Grants Manager, Lindsay Hall, to our team. She will be working remotely to assist us in building our network, as well as with fundraising and grant writing efforts. She will begin with us in October and we believe she will be a fantastic asset to our team.

IMPACT SNAPSHOT

228

Individual therapy
sessions

48

Individual clients
served

\$1455.84

Donations received



EXPANSION



As projected last quarter, we added more offices to our existing office space. We currently have four therapy offices and one play therapy room for children. This was completed in July and has been a wonderful asset to allow each clinician to have their own office. All Access 304 clinicians can see clients at the exact same time, with no scheduling conflicts. In many therapy practices across the US, this is not the case, so we feel very fortunate to have this capability.

COMMUNITY RELATIONSHIPS

In August, Dr. Shepard went to West Virginia University in Morgantown as a CommUNITY Partner. This program gives Access 304 the opportunity to work with students in a public health course to fulfill a volunteer project for their undergraduate course. We have three students who will be assisting us on locating grants we are eligible to receive.

Access 304 also joined the Chamber of Commerce in Jefferson County, which will be a wonderful opportunity for us to become acquainted with local agencies and government officials.

Access 304 also hosted a professional mixer where educators and other mental health providers in the community could network and socialize. It was very well received by those in attendance, and we were asked to do this again quarterly!



CONTINUED NEED

Jefferson County has two high schools: Washington High and Jefferson High. Access 304 received the horrible news that there were two suicides completed by two Washington High School students within the first three weeks of the school year. In response to these tragedies, Access 304 will be providing an 8-week grief group to identified students within the school to support them through it. This is an honor we do not take lightly, and hope to alleviate the pain these students are undoubtedly experiencing.

Mental health care is an urgent crisis in West Virginia. In a recent study that evaluated emotional and physical well-being, work environment, and community and environment, West Virginia was deemed as the most depressed state in the country (WalletHub, 2023).

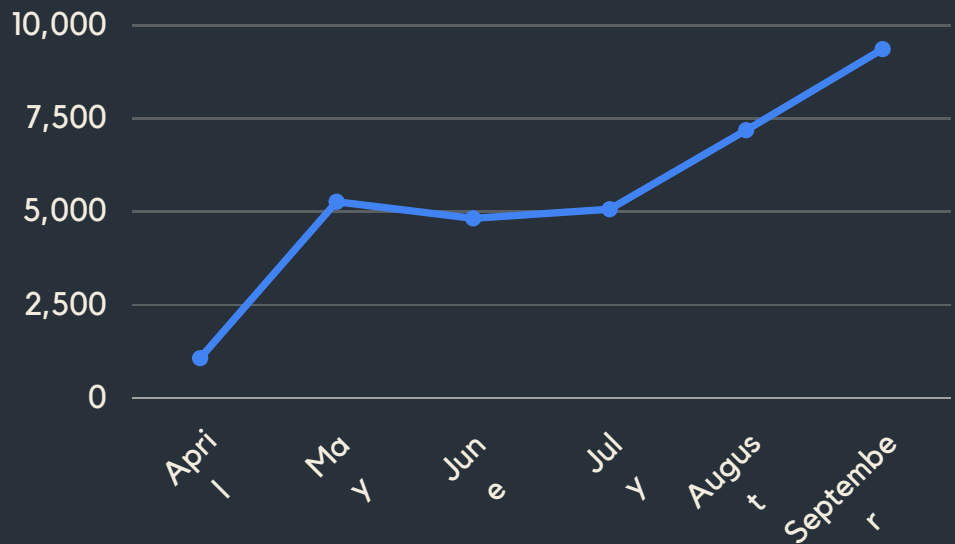
The opportunity to make positive changes in our state is a humbling experience we wouldn't be able to do so well without consistent support from our donors.



GROSS INCOME FROM DIRECT CLINICAL SERVICES (YEAR TO DATE)

\$30,025

We generated \$18,870 in our second quarter on client payments alone. Donations contributed an additional \$1455.84.



WHAT'S NEXT

In the third quarter, we will be focusing on supporting the community by offering group therapy and peer support weekly.

Access 304 would also like to embark on the process of planning a continuing education (CE) workshop for professionals in our community in 2024. CE's are required for all educators and therapists to keep their license in good standing, and without CE's being offered locally, professionals are required to travel or to obtain online education, which is not ideal.

West Virginia schools rank 49th in the nation and we want to be a positive impact in supporting teachers.

PROJECTED NEEDS?

While we are under budget for the renovation, we did have expenses related to electronics to allow our new team members to work at full capacity.

Educating companies and private donors about our mission, while also applying for grants, will allow us to meet the growing needs of our organization. We would love to hire another licensed clinician who can oversee supervision for our therapists, as well as provide clinical services to clients. This will be a constant goal as we grow.

POSITIVITY CORNER

Our reach continues to expand. With one simple Facebook post, we obtained 20 inquiries for services and were able to schedule most of them! We had a brief waitlist in the second quarter but were able to get everyone scheduled no greater than four weeks after making their initial inquiry call. Overall, we are receiving very positive feedback from community agencies and residents. Folks are thrilled to have the much-needed support locally.