

THIRD QUARTER IMPACT REPORT

October -
December
2023



Impact Report

A MESSAGE FROM OUR FOUNDER

As we embark on the New Year, I can't help but reflect on the strides we have made as an organization. We have grown tremendously in the third quarter, and I look forward to sharing the good news with you. Happy New Year! -Dr.Shepard

GETTING OUR GROOVE!

Our Masters of Art Therapy intern, Ann, completed her internship with us and has decided to stay on for 2024 to complete additional training. She has been able to schedule Saturday appointments, which allows several kiddos and working adults to receive care.

One team member of our team we haven't mentioned in past impact reports is Karen Maxfield. Karen has been volunteering her time since Access 304's inception to manage our finances, run payroll, and do all things numbers and budgeting. She has played an integral role in our organization and is truly allows us to pursue our mission. We are optimistic that we will be able to offer her a paid position in 2024.



Meet Karen!

IMPACT SNAPSHOT

646

Individual therapy sessions

86

Individual clients served

\$2042

Donations received

GRANTS & EDUCATION

We have very exciting news! We were awarded a **\$15,000 grant** from the Milan Puskar Foundation to support our programming and services.

The Eastern West Virginia Community Foundation awarded Access 304 a **\$500 grant** on behalf of the Frank C. Fischer Veterans Fund to support veterans who are receiving mental health care through Access 304.

We continue to receive interest in internship opportunities. We have received at least four internship inquiries from masters-level students pursuing a mental health degree. In expanding our clinical & education departments, we hope to be able to provide more opportunities for students to learn and grow as young professionals.

We are continuing to put the pieces together in preparation for our Fall conference in September 2024, and are planning to provide a mental health expo to bring clinicians and agencies together in 2024.

COMMUNITY RELATIONSHIPS

Access 304 was approached by the Rotary Club of Shepherdstown to collaborate on their Mental Health Initiative to offer groups to the community on a monthly basis. We began offering a **Dementia Caregiver Support Group** on the last Thursday of the month in November, which has been well attended!

We also took this as an opportunity to begin offering an **Infertility Support Group** on the first Thursday of each month. We hope these offerings will be a value to our community, as groups are infrequently offered in the Eastern Panhandle.

Groups are free of charge for all attendees, which is made possible through donations from the community and through the Rotary's initiative.

The Shepherdstown Library has been a wonderful partner in this endeavor, as they are providing us with a free space to host the groups. The library is newly constructed and is a perfect, private location for us to utilize.

CONTINUED NEED

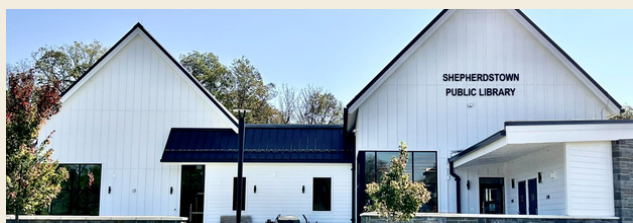
Access 304 maintained a waitlist in our third quarter, at times having about 15 people on our list for services. While our waitlist is generally smaller than other organizations, we would like to be able to reduce the number of folks who have to wait for services by adding more providers to our team.

We are currently seeking a Clinical Director to provide direct clinical services to clients, provide oversight of daily clinical operations, and to give supervision to our pre-licensed clinicians and interns.

With a paid employee in this role, Access 304 will be able to decrease the waitlist and provide more training to staff and the community.

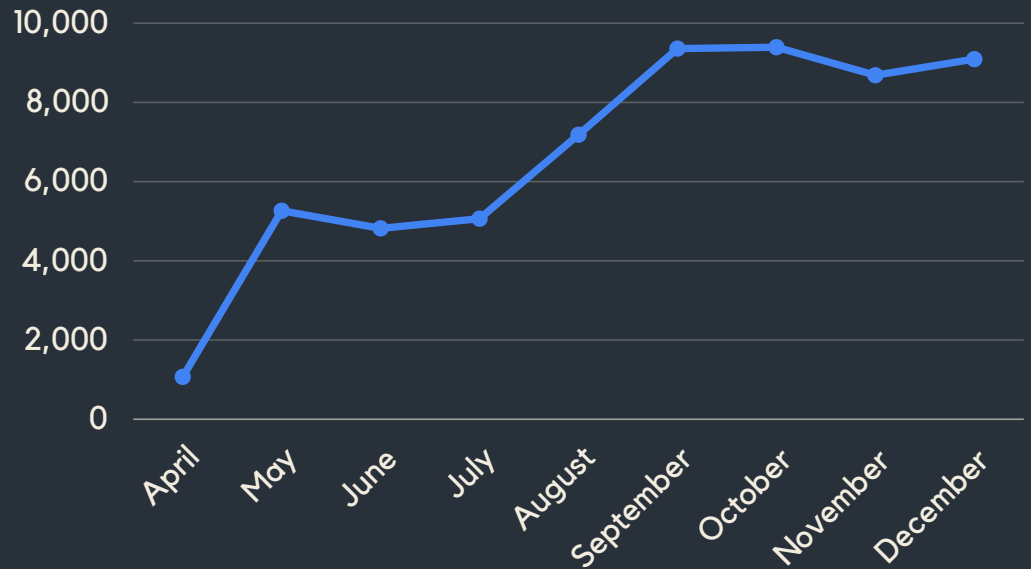
Did you know, according to the most recent Health Disparities Report, Appalachia has 35% fewer mental health providers than the rest of the US?

With fewer providers to provide care, Access 304 is embarking on a unique struggle to find adequate providers in our region.



GROSS INCOME FROM DIRECT CLINICAL SERVICES (YEAR TO DATE)

\$ 60,040



We generated \$27,364 in our third quarter on client payments alone. Donations contributed an additional \$2042.

WHAT'S NEXT

In the fourth quarter, we will be focusing on supporting the community by continuing to offer group therapy and peer support monthly. We will also continue our training efforts with our pre-licensed staff and intern.

We will continue our search for a Clinical Director to oversee clinicians and to provide direct clinical services to clients. Adding another licensed provider to our practice will give us the ability to decrease our waitlist and improve the quality of care we provide on a daily basis.

PROJECTED NEEDS?

We would like to continue to build stronger relationships with other community agencies in the Eastern Panhandle. In doing so, we will begin to plan a mental health expo in late 2024 to allow professionals in the field to come together and collaborate. Fundraising to host such an event will begin next quarter through donations from individuals and applying for grants.

We are also steadily working toward paying off our renovation expenses from last quarter through client-based revenue and donations.

POSITIVITY CORNER

In the third quarter, we doubled our gross sales and conducted 304 appointments! Not only have our clinicians remained busy, but we are building trust the community as a place where people can go to find support. Our reach continues to expand, which is a hopeful sign that we are breaking barriers to care little by little.